



Volunteers from Middlebeck *don't let rain stop play*

16 volunteers from Middlebeck's developer Urban&Civic and five employees from charity Sustrans have battled the elements as part of a corporate volunteering day to clear the National Cycle Network Route 64.

Despite the wet weather the team installed bat and bird boxes along the route and cleared overgrowth.

If you want to get involved in volunteering, contact - newark@urbanandcivic.com.



Bellway delivering *more homes*

Bellway have been selected to deliver a further 100 private and four affordable homes at The Foresters site off of Bowbridge Lane, following the completion of 138 properties across the first two phases.

The latest phase will include a mix of two-, three- and four-bedrooms, offering families of all types somewhere to call home.

New 66-bed care home *to open in 2023*

Delivered by LNT, the UK's leading specialist care home developer, the home, is designed to provide a comfortable and accessible environment for general and residential care.

The care home will boast a range of high-quality communal amenities including lounges, dining rooms, garden rooms, cinema rooms, a café bar and health and beauty facilities.

Pupils from neighbouring Christ Church Primary School are hopeful to work alongside residents on community projects once they've moved in.

To register interest in spaces, please visit the LNT website.

Southern *Link Road*

Technical approvals and plans to develop Newark's Southern Link Road continue in earnest behind the scenes following the government announcement in December 2021, that funding had been received.

The new road is a significant piece of infrastructure that has been discussed in the town for many years, and will connect the A46 at Farndon and the A1 at Fernwood, improving Newark's connectivity and signalling a further expansion of Middlebeck.

We are hopeful about sharing further news and details about the project rollout in the coming months. Look out for a more in-depth update in the next issue. Our best advice to receive all the latest updates is to sign up to our social media channels, see below.



OnStream

LATEST NEWS FROM NEWARK'S NEWEST NEIGHBOURHOOD



What a year!

with our community during the last 12 months

As the Middlebeck community continues to grow, so to does the impact of these involved in its creation and those that call this new place home. We look back on a year characterised by cycling and lots of active fun.



To kickstart 2022, Middlebeck announced its sponsorship of local football club Newark Brazil, a local youth team offering children from 4-18 years old the chance to have fun, develop their skills and socialise.

Middlebeck's support allowed the club to purchase new kits for all the players that

would last them for the next two years.

In July, Middlebeck's very own Cycle Hub and Bike Essentials shop opened, and a ceremonious event took place to celebrate the launch.

Continuing the cycling theme of the summer, Brompton Bikes unveiled its latest dock situated next door to the Cycle Hub. More on how to make the most of this bike hire service, later in this issue.



In August, Middlebeck sponsored the return of the 35th DB Wood, Newark Half Marathon, an incredibly important annual event hosted by volunteers.

As we embark on a new year, the future looks bright for this community, as there are over 450 families now calling Middlebeck home with a further 2,900 homes planned over the next 10-15 years. New homes are available through a range of housebuilders onsite, and show homes are open for prospective buyers to find out more.

Read on to see why Middlebeck could be the ideal home for you and your family.

Inside this issue...

- P2 How To Maintain Your Bike
- P3 Brompton Bike Hire
- P4 Community Updates



How to maintain your bike

from your local bike experts



Simon, Co-owner of Newark Cycles

Any cycling fan will admit their bike is their baby, and when it comes to maintaining their pride and joy, some considerations and checks must be adhered to.

But, what if you're brand new to cycling and don't know where to begin?

When you're new to the hobby it may feel a little daunting, so to help you on your journey, we asked Simon the co-owner of Newark Cycles if he could help us brush up our cycling knowledge by sharing his top five tips on how to maintain your new pride and joy – your bike.

Keeping your bike clean is rule 101

We recommend giving the chain, front and rear gears a good wash from time to time and then using a water displacement spray to get all the water out of the moving parts.

Routine servicing

Even basic servicing carried out frequently will ensure your bike is running at its optimum and can catch any potential issues before they turn into problems whilst out riding. Get your bike serviced at the Middlebeck Cycle Hub.

Carry spares

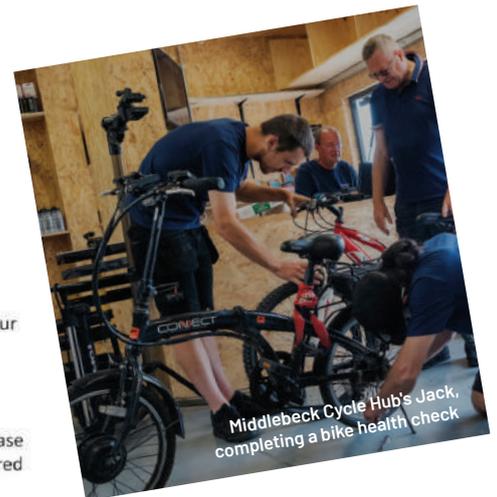
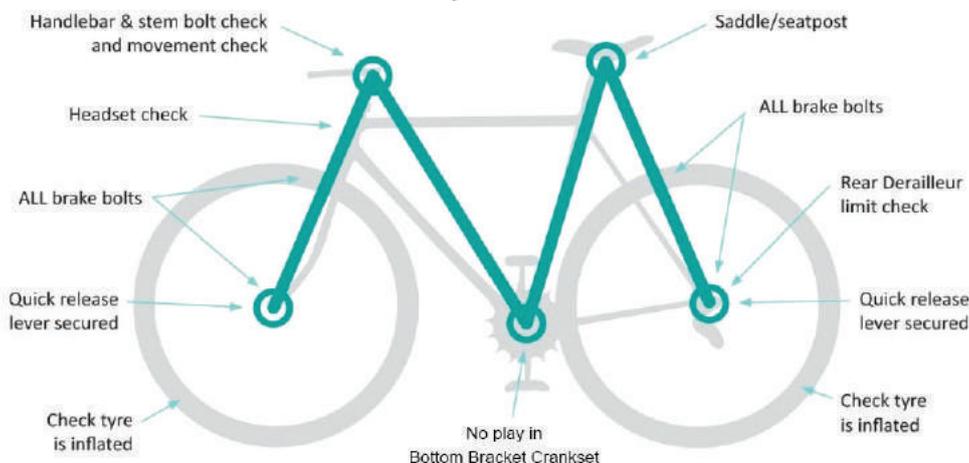
Carry a spare innertube or puncture repair kit, tyre levers and a pump, which are all supplied at the Middlebeck Cycle Hub. Even if you get a puncture a mile or two from home, that's still a long way to push your bike.

Tyres pressure

We see so many riders with very low tyre pressure, this not only makes cycling hard work, but also wears out the tyres and innertubes much faster.

Check your bike over thoroughly before every ride, it only takes a few seconds, but definitely worth doing.

Do the M check!



Middlebeck Cycle Hub's Jack, completing a bike health check

Middlebeck is perfectly positioned to be a cycle hub for Newark. With excellent access to scenic routes, service and repair, as well as a cafe for those mid-ride treats. Join us in growing the cycling vision for the community where active travel is preferred and cycling thrives.



Get On Your Bike

The latest location to join the Brompton revolution is our very own Middlebeck.

One of the most connected places in Newark for active travel.

The simple folding bike-in-locker concept allows riders to pick up at one location and drop off wherever they choose.

At the end of the rental period, residents simply drop the bike off at any Brompton dock.

The Middlebeck dock is situated at the rear of Gannets Café and is the third to be installed in the town after Newark Bus Station and Newark Castle Train Station. The dock holds 8 Brompton folding bikes.

Located only 500 meters from the Sustrans NCN 64, the Brompton Dock at Middlebeck is the perfect pick up or pit stop point for cyclists or commuters.

Residents can book out bikes for hire via the Brompton Bike Hire app – prices for hire range from a £5 annual fee and £10 daily charge for occasional use and £20 annual fee and £5 daily charge for frequent users.

Bikes can be reserved for a day in advance to travel for 24 hours or keep the bike for up to 30 days.

For more information on Brompton Bikes and to sign up for membership get the Brompton Bike Hire app.



Residents enjoying the launch of the Middlebeck Cycle Hub



Middlebeck's first Cycle Hub

